



**Access SecondShift
Cross Country Permission Form**

Because the Cross Country team will be taking field trips and leaving the school campus for athletic purposes, parent and/or guardians are required to sign this permission form which will be in effect from September 6 - October 7th, 2017. It is understood that a student's participation in the activities are entirely voluntary.

In signing this permission form, you, as a parent or guardian, are giving your consent for your child to participate in the Cross Country running activities listed on the information form provided to your student including, but not limited to, training runs off school grounds and traveling to Cross Country meets.

**Required signatures for participation in Field Trips
CONSENT AND RELEASE**

I hereby acknowledge that I am giving my consent for _____ to travel to various locations during the course of the Cross Country running season under the supervision of the cross country coaches. I understand that participation in these activities is entirely voluntary.

In consideration of an opportunity for my child to join the group, I hereby exempt and release Access AfterSchool, its agents, servants and employees from any and all liability, claims, demands or action whatsoever arising out of damage, loss or injury to _____ or his/her property while he/she is participating in any of the activities contemplated by this release.

Date

Signature of Parent or Guardian