

# MEDICAL HISTORY AND PHYSICAL EXAMINATION

ATHLETES NAME \_\_\_\_\_ SCHOOL GSMS GRADE \_\_\_\_\_

Parents: Please fill in the questionnaire below (parts A & B) and sign before your child's examination. This will give the examining physician important information regarding your child's medical history. The completed and signed form must be brought to the examination. Please note that if any questions in Part B are answered yes, the athlete's regular physician must complete the exam.

A) HISTORY (must be filled in and signed by parent before the exam and brought to exam by athlete)

1. List any serious illnesses, past or present: \_\_\_\_\_
2. List any operations: \_\_\_\_\_
3. List any severe injuries (concussions, fractures): \_\_\_\_\_
4. List any food or drug allergies: \_\_\_\_\_
5. Is child on any medication? (please list): \_\_\_\_\_
6. Any history of heart problems? \_\_\_\_\_
7. Any history of asthma or other lung problems? \_\_\_\_\_
8. Any history of epilepsy or seizures? \_\_\_\_\_
9. Any history of kidney problems? \_\_\_\_\_
10. Any history of bleeding problems? \_\_\_\_\_
11. Any history of knee, back or other musculoskeletal problems? \_\_\_\_\_
12. Any other pertinent information? \_\_\_\_\_

PARENT SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

B) QUESTIONNAIRE (Must be filled in and signed by parent)

If the answer to any of these questions is 'yes', the exam must be done by athlete's regular physician.

1. Have you ever passed out during or after exercise? \_\_\_\_\_
2. Have you ever had severe chest pain during or after exercise? \_\_\_\_\_
3. Do you tire too easily, compared to your friends? \_\_\_\_\_
4. Have you ever been told of a heart murmur? \_\_\_\_\_
5. Have you ever had palpitations of your heart or skipped beats? \_\_\_\_\_
6. Has anyone in your immediate family (mother, father, brother, sister) died of heart problems or died suddenly before the age of 50? \_\_\_\_\_
7. Do you use any 'street drugs' (cocaine, amphetamines, etc.)? \_\_\_\_\_
8. Have you ever been denied participation in sports? \_\_\_\_\_

PARENT SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_